

**Lisa A. Cadmus-Bertram**  
Assistant Professor  
Department of Kinesiology  
University of Wisconsin – Madison  
2000 Observatory Drive, Madison WI 53706  
Email: lisa.bertram@wisc.edu  
Phone: (608) 265-5946  
Website: www.lisacadmusbertram.com

**CURRENT POSITION**

Assistant Professor of Kinesiology, UW – Madison 2014-current  
Member, UW Carbone Cancer Center (Cancer Prevention & Control) 2014-current

**PRIOR POSITIONS**

Assistant Professor of Family & Preventive Medicine, UCSD 2013-2014  
Staff Research Associate IV, Moores Cancer Center, UCSD 2009-2013  
University of Washington/Fred Hutchinson Cancer Research Center 2007-2009  
Postdoctoral Fellow  
Yale School of Medicine  
Project Manager 2003-2007  
Research Assistant 2003-2007  
Teaching Assistant 2004-2006  
Carleton College, Northfield, MN  
Psychology Computer Lab Supervisor 2001-2002  
University of the West Indies, Kingston, Jamaica 2001  
Research Intern  
University of South Carolina, Columbia, SC 2001  
NSF Undergraduate Summer Research Fellow

**EDUCATION**

Post-Doctoral Fellowship in Biobehavioral Cancer Prevention & Control 2007-2009  
Department of Health Services  
University of Washington, Seattle, WA  
Public Health Sciences  
Fred Hutchinson Cancer Research Center, Seattle, WA  
  
Ph.D. in Epidemiology and Psychology (joint degree) 2002-2007  
Yale University, New Haven, CT  
  
M.Phil. in Psychology 2002-2005  
Yale University, New Haven, CT  
  
M.S. in Psychology 2002-2004  
Yale University, New Haven, CT  
  
B.A. in Psychology 1998-2002  
Carleton College, Northfield, MN

**HONORS, AWARDS, AND FELLOWSHIPS**

Society for Behavioral Medicine Leadership Institute	2017
Komen Junior Faculty Travel Award for Obesity & Breast Cancer Research	2015
Madison Teaching and Learning Excellence Fellowship	2015
NIH Loan Repayment Program Awardee (declined)	2013
Fellow, CDC Physical Activity & Public Health (PAPH) Research Course	2012
Clarence Darrow Fellowship, University of Michigan Law School (declined)	2009
Biobehavioral Cancer Prevention and Control Training Grant, University of Washington, Seattle, WA	2007-2009
University Fellowship, Yale University, New Haven, CT	2002
Graduated <i>magna cum laude</i> , Carleton College, Northfield, MN	2002
Minnesota Psychological Association's Donald Paterson Award (given annually to one outstanding psychology major)	2002
Inducted into Phi Beta Kappa	2002
Inducted into Sigma Xi	2002

**PUBLICATIONS**

1. Lloyd G, Hoffman S, Welch W, Blanch-Hartigan, Gavin K, Cottrell A, **Cadmus-Bertram L**, Spring B, Penedo F, Courneya K, Phillips S. Breast cancer survivors' preferences for social support features in technology-supported physical activity interventions: Findings from a mixed methods evaluation. *Translational Behavioral Medicine*. doi: 10.1093/tbm/iby112. [Epub ahead of print]
2. Post EG, **Cadmus-Bertram L**. High school coaches report greater levels of emergency preparedness compared to club sport coaches. *Journal of Athletic Training* (in press).
3. Kuenze C, Lisee C, Pfeiffer KA, **Cadmus-Bertram L**, Post EG, Biese K, Bell DR (2018). Sex differences in physical activity engagement after ACL reconstruction. *Physical Therapy in Sport*; 35:12-17.
4. Marinac C, Nelson SH, **Cadmus-Bertram L**, Kerr J, Natarajan L, Godbole S, Hartman SJ (2018). Dimensions of sedentary behavior and objective cognitive functioning in breast cancer survivors. *Supportive Care in Cancer*, doi: 10.1007/s00520-018-4459-8. [Epub ahead of print].
5. Gorzelitz-L J, Peppard PE, Malecki K, Gennuso K, Nieto FJ, **Cadmus-Bertram L** (2018). Predictors of discordance in self-report vs. device-captured physical activity measurement. *Annals of Epidemiology*, 28(7):427-431.
6. Trigsted S, Cook DB, Pickett KA, **Cadmus-Bertram L**, Dunn WR, Bell DR (2018). Greater fear of reinjury is related to stiffened jump-landing biomechanics and muscle activation in women after ACL reconstruction. *Knee Surgery, Sports Traumatology, Arthroscopy*, doi: 10.1007/s00167-018-4950-2. [Epub ahead of print]
7. Post EG, Trigsted SM, Schaefer DA, **Cadmus-Bertram LA**, Watson AM, McGuine TA, Brooks MA, Bell DR (2018). Knowledge, attitudes, and beliefs of youth sports coaches

- regarding sport volume recommendations and sport specialization. *Journal of Strength and Conditioning Research*, doi: 10.1519/JSC.0000000000002529. [Epub ahead of print].
8. Patterson RE, Marinac CR, Sears DD, Kerr J, Hartman SJ, **Cadmus-Bertram L**, Villaseñor A, Flatt SW, Godbole G, Li H, Laughlin GL, Oratowski-Coleman J, Parker BA, Natarajan L (2018). The effects of metformin and weight loss on biomarkers associated with breast cancer outcomes. *Journal of the National Cancer Institute*, doi: 10.1093/jnci/djy040. [Epub ahead of print].
  9. Kerr J, Carlson J, Godbole S, **Cadmus-Bertram L**, Bellettiere J, Hartman S (2018). Improving hip-worn accelerometer estimates of sitting using machine learning methods. *Medicine and Science in Sports and Exercise*, 50(7):1518-1524.
  10. Kuenze CM, **Cadmus-Bertram L**, Pfeiffer KA, Trigsted S, Cook D, Lisee C, Bell DR (2018). Relationship between physical activity and clinical outcomes after ACL reconstruction. *J Sport Rehabil*. doi: 10.1123/jsr.2017-0186. [Epub ahead of print].
  11. Phillips SM, **Cadmus-Bertram L**, Rosenberg D, Buman M, Lynch B (2018). Wearable technology and physical activity in chronic disease: Opportunities and challenges. *American Journal of Preventive Medicine*, 54(1):144-50.
  12. Hartman SJ, Marinac CR, **Cadmus-Bertram L**, Kerr J, Natarajan L, Godbole S, Patterson RE, Sears DD (2018). Sedentary behaviors and biomarkers among breast cancer survivors. *Journal of Physical Activity and Health*, 15(1):1-6.
  13. Thraen-Borowski K, Gennuso K, **Cadmus-Bertram L** (2017). Accelerometer-derived physical activity and sedentary time by cancer type in the United States. *PLOS ONE*, 14(12): e0182554.
  14. **Cadmus-Bertram L** (2017). Using fitness trackers in clinical research: What nurse practitioners need to know. *Journal for Nurse Practitioners*, 13(1):34-40.
  15. Thraen-Borowski K, Ellingson L, Meyer J, **Cadmus-Bertram L** (2017). Non-worksite interventions to reduce sedentary behavior: A systematic review. *Translational Journal of the American College of Sports Medicine*, 2(12):68-78.
  16. Bell DR, Pfeiffer KA, **Cadmus-Bertram LA**, Trigsted SM, Kelly A, Post EG, Hart JM, Cook DB, Dunn WR, Kuenze C (2017). Objectively measured physical activity in patients after anterior cruciate ligament reconstruction. *American Journal of Sports Medicine*, 45(8):1893-1900.
  17. Van Blarigan, EL, Kenfield SA, Tantum L, **Cadmus-Bertram L**, Carroll PR, Chan JM (2017). Validation of the Fitbit One physical activity tracker in men with prostate cancer. *JMIR Cancer*, 18(3):e5.

18. **Cadmus-Bertram L**, Wirkus EJ, Thraen-Borowski K, Gorzelitz-Liebhauser J (2017). The accuracy of LED-based heart rate monitoring on wrist-worn activity trackers. *Annals of Internal Medicine*, 166(8):610-12.
19. Hartman SJ, Nelson SH, **Cadmus-Bertram L**, Patterson RE, Pierce JP, Parker BA (2016). Technology and phone-based weight loss intervention: Pilot RCT in women at elevated breast cancer risk. *American Journal of Preventive Medicine*, 51(5):714-721.
20. **Cadmus-Bertram L**, Nelson SH, Hartman SJ, Patterson RE, Pierce JP, Parker BA (2016). Randomized trial of a phone- and web-based weight loss program for women at elevated breast cancer risk: The HELP Study. *Journal of Behavioral Medicine*, 39(4): 551-9.
21. Wang JB, Cataldo JK, Ayala GX, Natarajan L, **Cadmus-Bertram LA**, White MM, Madanat H, Nichols JF, Pierce JP (2016). Mobile and wearable device features that matter in promoting physical activity. *Journal of Mobile Technology in Medicine*, 5(2):2-11.
22. Patterson RE, Marinac CR, Natarajan L, Hartman SJ, **Cadmus-Bertram L**, Flatt SW, Li H, Parker B, Oratowski-Coleman J, Villaseñor A, Godbole S, Kerr J (2016). Recruitment strategies, design, and participant characteristics in a trial of weight-loss and metformin in breast cancer survivors. *Contemporary Clinical Trials*, 47: 64-71.
23. **Cadmus-Bertram L**, Marcus BH, Patterson RE, Parker BA, Morey BL (2015). Use of the Fitbit to measure adherence to a physical activity intervention among overweight/obese, postmenopausal women. *Journal of mHealth and uHealth*, 3(4): e96.
24. **Cadmus-Bertram L**, Marcus BH, Patterson RE, Parker BA, Morey BL (2015). Randomized trial of a Fitbit-based physical activity intervention for women. *American Journal of Preventive Medicine*, 49(3), 414-418.
25. Wang JB, Pierce JP, Ayala GX, **Cadmus-Bertram L**, Flatt S, Madanat H, Newman V, Nichols J, Natarajan L (2015). Baseline depressive symptoms, completion of study assessments, and behavior change in a long-term dietary intervention among breast cancer survivors. *Annals of Behavioral Medicine*, 49(6): 819-27.
26. Wang JB, Natarajan L, **Cadmus-Bertram L**, White MM, Madanat H, Nichols JF, Ayala GX, Pierce JP (2015). Wearable sensor/device and SMS text messaging prompts to increase physical activity in overweight/obese adults: A randomized controlled trial. *Telemedicine and eHealth*, 21(10): 782-92.
27. Marshall S, Kerr J, Carlson J, **Cadmus-Bertram L**, Patterson R, Wasilenko K, Crist K, Rosenberg D, Natarajan L (2014). Patterns of weekday and weekend sedentary behavior among older adults. *Journal of Aging and Physical Activity*, 23(4): 534-41.
28. **Cadmus-Bertram L**, Irwin ML, Alfano C, Campbell KL, Duggan C, Foster-Schubert K, McTiernan A (2014). Predicting adherence of formerly sedentary adults to a 12-month exercise intervention. *Journal of Physical Activity and Health*, 11(7):1307-12.

29. Schmitz K, Neuhouser M, Agurs-Collins T, **Cadmus-Bertram L**, Dean L, Zanetti K, Drake B (2013). Impact of obesity on cancer survivorship and the potential relevance of race and ethnicity. *Journal of the National Cancer Institute*, 105(18):1344-54.
30. **Cadmus-Bertram LA**, McTiernan A, Ulrich C, Stovall R, Ceballos R, McGregor B, Ramaprasad J, Littman AJ (2013). Predictors of adherence to a 26-week yoga intervention among post-treatment breast cancer survivors. *Journal of Alternative and Complementary Medicine*, 19(9), 751-758.
31. **Cadmus-Bertram LA**, Wang JB, Patterson RE, Newman VA, Parker BA, Pierce JP (2013). Web-based self-monitoring for weight loss among overweight/obese women at elevated risk of breast cancer: The HELP Pilot Study. *Psycho-Oncology*, 22(8):1821-8.
32. Patterson RE, Rock CL, Kerr J, Natarajan L, Marshall SJ, Pakiz B, **Cadmus-Bertram LA** (2013). Metabolism and Breast Cancer Risk: Frontiers in Research and Practice. *Journal of the Academy of Nutrition and Dietetics*, 113(2):288-296.
33. Beasley J, Kwan ML, Chen WY, Weltzien EK, Kroenke CH, Lu W, Nechuta SJ, **Cadmus-Bertram L**, Patterson RE, Sternfeld B, Shu X-O, Pierce JP, Caan BJ (2012). Meeting the physical activity guidelines and survival after breast cancer: findings from the After Breast Cancer Pooling Project. *Breast Cancer Research and Treatment*, 131(2):637-43.
34. Littman AJ, **Cadmus Bertram L**, Ceballos R, Ulrich CM, Ramaprasad J, McGregor B, McTiernan A (2012). Randomized controlled pilot trial of yoga in overweight and obese breast cancer survivors: Effects on quality of life and anthropometric measures. *Supportive Care in Cancer*, 20(2):267-77.
35. Campbell KL, Foster-Schubert KE, Alfano CM, **Cadmus L**, Xiao L, Duggan C, Irwin ML, Ulrich CM, McTiernan A (2011). Injuries in sedentary individuals enrolled in a 12-month randomized controlled exercise trial. *Journal of Physical Activity & Health*, 9(2):198-207.
36. **Cadmus Bertram L**, Irwin ML (2011). Feasibility of institutional registry-based recruitment for enrolling newly diagnosed breast cancer patients into an exercise trial. *Journal of Physical Activity and Health*, 8(7):955-63.
37. Imayama, I, Alfano CM, **Cadmus Bertram, LA**, Wang C, Xiao L, Duggan C, Campbell KL, Foster-Schubert KE, McTiernan A (2011). Effects of 12-month exercise on health-related quality of life: A randomized controlled trial. *Preventive Medicine*, 52(5):344-351.
38. **Cadmus Bertram L**, Stefanick ML, Saquib N, Natarajan L, Patterson RE, Bardwell W, Flatt SW, Newman VA, Rock CL, Thomson CA, Pierce JP (2010). Physical activity, additional breast cancer events, and mortality among early-stage breast cancer survivors: Findings from the WHEL Study. *Cancer Causes and Control*, 22(3):427:435.
39. Patterson RE, **Cadmus LA**, Emond JA, Pierce JA (2010). Physical activity, diet, adiposity and female breast cancer prognosis: A review of the epidemiologic literature. *Maturitas*, 66(1):5-15.

40. **Cadmus L**, Patrick MB, Maciejewski ML, Topolski T, Belza B, Patrick DL (2010). Community-based aquatic exercise and quality of life in persons with osteoarthritis. *Arthritis Care and Research. Medicine & Science in Sports & Exercise*, 42(1):8-15.
41. **Cadmus L**, Salovey P, Yu H, Chung G, Irwin ML (2009). Exercise and quality of life during and after treatment for breast cancer: Results of two randomized controlled trials. *Psycho-Oncology*, 18(4):343-352.
42. Irwin ML, Alvarez-Reeves M, **Cadmus L**, Mierzejewski E, Mayne S, Yu H, et al. (2009). Exercise improves body fat, lean mass and bone mass in breast cancer survivors. *Obesity*, 17(8):1534-41.
43. Irwin ML, Varma K, Alvarez-Reeves M, **Cadmus L**, Wiley A, Chung GG, et al. (2009). Randomized controlled trial of exercise on insulin and insulin-like growth factors in breast cancer survivors: The Yale Exercise and Survivorship Study. *Cancer Epidemiology, Biomarkers, and Prevention*, 18(1):306-313.
44. Latka RN, Alvarez-Reeves M, **Cadmus L**, Irwin ML (2009). Adherence to a randomized controlled trial of aerobic exercise in breast cancer survivors: The Yale Exercise and Survivorship Study. *Annals of Behavioral Medicine*, 3(3):148-157.
45. Irwin ML, **Cadmus L**, Alvarez-Reeves M, Mierzejewski E, Yu H, Jones B, et al. (2008). Recruiting and retaining breast cancer survivors into a randomized controlled exercise trial: The Yale Exercise and Survivorship Study. *Cancer*, 112(11S):2593-2606.
46. Latimer A, Rench TA, Rivers SE, Katulak NA, Materese SA, **Cadmus L** (2007). Promoting participation in physical activity using framed messages: An application of prospect theory. *British Journal of Health Psychology*, Oct. 8, 2007.

#### **INVITED BOOK CHAPTERS**

1. Villasenor A, **Cadmus-Bertram L**, Patterson RE (2017). Overview of Nutritional Epidemiology. In: *Nutrition in the Prevention and Treatment of Disease 4<sup>th</sup> Edition*. Coulston M, Boushey CJ. eds. Elsevier Academic Press. Burlington, MA.
2. **Cadmus-Bertram L**, Patterson RE (2012). Overview of Nutritional Epidemiology. In: *Nutrition in the Prevention and Treatment of Disease 3<sup>rd</sup> Edition*. Coulston M, Boushey CJ. eds. Elsevier Academic Press. Burlington, MA.

#### **SELECTED PRESENTATIONS**

1. **Cadmus-Bertram L**, Gorzelitz J, Dorn D, Malecki K. Physical activity barriers, attitudes, and intervention preferences in rural women. American Public Health Association, San Diego, CA, November 13, 2018.
2. **Cadmus-Bertram L**. Digital behavior change interventions to address sedentarism: Integrating Fitbit data with the electronic health record (EHR) to promote physical activity in cancer

- survivors. International Society for Physical Activity and Health, London, UK, October 17, 2018.
3. **Cadmus-Bertram L**, Gorzelitz J. Perceptions of physical activity barriers and needs among rural wisconsin women: A mixed methods study. Wisconsin Obesity Prevention Initiative, Madison, WI, September 26, 2018.
  4. Dorn D, Gangnon R, Gorzelitz-Liebhauser J, Bell DR, Koltyn K, **Cadmus-Bertram L**. Validation of automatic activity detection on wearable activity trackers. American College of Sports Medicine, Minneapolis, MN. May 29-June 1, 2018.
  5. **Cadmus-Bertram L**, Gorzelitz J. Perceptions of physical activity barriers and needs among rural wisconsin women: A mixed methods study. Wisconsin Public Health Association, Green Bay, WI, May 23, 2018.
  6. **Cadmus-Bertram L**. Building an Exercise is Medicine – On Campus initiative at the University of Wisconsin - Madison. Society for Behavioral Medicine, New Orleans, LA. April 12, 2018.
  7. Gorzelitz G, Costanzo E, Spencer RJ, Rumble M, Rose SL, **Cadmus-Bertram L**. Post-surgical physical activity assessment in endometrial and ovarian cancer patients. Society for Behavioral Medicine, New Orleans, LA. April 13, 2018.
  8. Lloyd GR, Hoffman SA, Welch WA, Blach-Hartigan D, Gavin KL, Cottrell A, **Cadmus-Bertram L**, Spring B, Penedo F, Courneya K, Phillips SM. Breast cancer survivors' preferences for social support features in a technology-supported physical activity intervention. Society for Behavioral Medicine, New Orleans, LA. April 12, 2018.
  9. **Cadmus-Bertram L**. Invited panelist in “Industry vs. academia: Making a decision for the next step in your career.” American Society for Preventive Oncology, New York City, NY. March 11, 2018.
  10. Malecki K, Gudnadottir U, Gorzelitz J, Spicer L, **Cadmus-Bertram L**. Do High Levels of occupational physical activity increase the likelihood of meeting physical activity guidelines? Data from the Survey of Health of Wisconsin. Active Living Research, Banff, Alberta, Canada. February 11-14, 2017.
  11. **Cadmus-Bertram L**. New directions in physical activity promotion. University of Wisconsin, Department of Medicine Grand Rounds. December 15, 2017.
  12. Patterson RE, **Cadmus-Bertram L**, Dean L, Campbell K. From fellow to faculty. Transdisciplinary Research on Energetics and Cancer (TREC) Training Workshop, Westbrook CT. June 18-23, 2017.
  13. Van Remortel B, Tevaarwerk A, Sesto M, Gangnon R, Carchman E, **Cadmus-Bertram L**. Building a physical activity intervention into clinical care for breast and colorectal cancer survivors in Wisconsin: The Planning for Active Living Study (PALS). Population Health Sciences Poster Fair, University of Wisconsin – Madison. April 3, 2017.

14. Nelson S, Marinac C, **Cadmus-Bertram L**, Kerr J, Natarajan L, Godbole S, Hartman SJ. Associations between sedentary and standing behaviors with cognitive function among breast cancer survivors. Society for Behavioral Medicine, San Diego, CA, 2017.
15. Arigo D, Downs D, Mailey E, Cadmus-Bertram L. Using eHealth and mHealth methods to promote healthy behaviors among women. Society for Behavioral Medicine, San Diego, CA, March 31, 2017. (*Symposium Chair*)
16. **Cadmus-Bertram L**, Wirkus EJ, Thraen-Borowski K, Gorzelitiz-Liebhauser J, Gangnon R. Accuracy of LED-based heart rate monitoring on some wrist-worn activity trackers. Society for Behavioral Medicine, San Diego, CA, March 30, 2017.
17. Sesto M, Tevaarwerk A, Yen T, Wiegmann D, Christensen-Holz S, **Cadmus-Bertram L**. Improving rehabilitation of cancer survivors through human factors engineering collaboration with health care. American Congress on Rehabilitation Medicine, Chicago, IL, November 3, 2016. (*Symposium*)
18. **Cadmus-Bertram L**. Randomized pilot trial of sedentary behavior modification among breast cancer survivors. World Congress on Active Ageing, Melbourne, Australia, July 1, 2016.
19. **Cadmus-Bertram L**, Malecki K, Peppard P, Engelman C, Grabow M, Martinez-Donate, Bersch A. Physical activity and neighborhood characteristics: Findings from the Survey of the Health of Wisconsin (SHOW). Society of Behavioral Medicine, Washington D.C., March 30, 2016.
20. **Cadmus-Bertram L**. The role of physical activity and energy balance in breast cancer survivorship. Edith Sanford Breast Cancer Symposium, Sanford Health, Souix Falls, SD, April 29, 2016.
21. **Cadmus-Bertram L**. Careers in physical activity epidemiology and health promotion. Kinesiology Club, February 23, 2016.
22. **Cadmus-Bertram L**. Research priorities in physical activity and cancer survivorship. Carbone Cancer Center Annual Research Retreat, University of Wisconsin – Madison, February 13, 2016.
23. **Cadmus-Bertram L**. Frontiers in physical activity assessment and intervention. Department of Population Health Sciences, University of Wisconsin – Madison, January 25, 2016.
24. **Cadmus-Bertram L**. Physical activity and health promotion for breast cancer prevention and survivorship. Department of Nutritional Sciences, University of Wisconsin - Madison, November 19, 2015.



25. **Cadmus-Bertram L.** Physical activity in breast cancer prevention and survivorship. Endocrinology Grand Rounds, University of Wisconsin School of Medicine and Public Health, November 12, 2015.
26. **Cadmus-Bertram L.** Leveraging TREC to establish a career in physical activity, sedentary behavior & breast cancer. National Cancer Institute (NCI) Transdisciplinary Research on Energetics and Cancer (TREC) Centers Scientific Meeting, Seattle, WA, September 9, 2015.
27. **Cadmus-Bertram L,** Hartman SJ, Patterson RE, Pierce JPP. 12-month web- and phone-based weight loss intervention for women at elevated breast cancer risk. American College of Sports Medicine, San Diego, CA, May 29, 2015.
28. **Cadmus-Bertram L,** Marcus B, Patterson RE, Parker BA, Morey BL. Use of the Fitbit to measure adherence to a physical activity intervention in postmenopausal women. Society of Behavioral Medicine, San Antonio, TX, April 23, 2015.
29. **Cadmus-Bertram L,** Coleman A, Kaye L, Jain PJ. Integration of direct-to-consumer trackers into physical activity interventions. Society of Behavioral Medicine, San Antonio, TX, April 23, 2015.
30. **Cadmus-Bertram L,** Marcus BH, Patterson RE, Morey B. Randomized trial of a Fitbit-based physical activity intervention for postmenopausal women. Society for Behavioral Medicine, Philadelphia, PA, April 24, 2014.
31. **Cadmus-Bertram L,** Wang JB, Pierce JP, Patterson RE, Newman VA, Ojeda-Fournier H, Parker BA. Internet-assisted weight loss for overweight/obese women at high risk for breast cancer. Epidemiology Research Exchange, San Diego, CA, April 27, 2012.
32. **Cadmus-Bertram L,** Wang JB, Pierce JP, Patterson RE, Newman VA, Ojeda-Fournier H, Parker BA. Internet-assisted weight loss for overweight/obese women at high risk for breast cancer. San Antonio Breast Cancer Symposium, San Antonio, TX, Dec. 8, 2011.
33. **Cadmus-Bertram LA,** Pierce JP, Patterson RE, Ojeda-Fournier H, Parker BA. Training overweight/obese older women at high risk for breast cancer to use web-based weight loss tools: The HELP Pilot Study. American Society of Clinical Oncology Breast Cancer Symposium, San Francisco, CA, September 1-3, 2011.
34. **Cadmus L,** Yu H, Wiley A, Chung G, Irwin ML. Effect of a 6-month exercise intervention on physical activity, weight, body composition, and insulin among recently diagnosed breast cancer survivors. American College of Sports Medicine, Seattle, WA, May 26-29, 2009.
35. **Cadmus L,** Stovall R, McTiernan A, Littman A. Predictors of adherence to a 26-week viniyoga intervention among post-treatment breast cancer survivors. Biobehavioral Cancer Prevention and Control Symposium, Fred Hutchinson Cancer Research Center, Seattle, WA, April 10, 2009.

36. **Cadmus L**, Patrick MB, Maciejewski ML, Topolski T, Belza B, Patrick DL. Community-based aquatic exercise and quality of life in persons with osteoarthritis. Society for Epidemiological Research, Chicago, IL, June 24-26, 2008.
37. **Cadmus L**, Alfano C, Irwin ML, McTiernan M. Body composition and adherence to a yearlong exercise intervention among previously sedentary men and women. Biobehavioral Cancer Prevention and Control Annual Symposium, University of Washington, Seattle, WA, April 4, 2008.
38. **Cadmus L**, Alfano C, Irwin ML, McTiernan M. Body composition and adherence to a yearlong exercise intervention among previously sedentary men and women. International Society for Nutrition, Behavior, and Physical Activity, Banff, Alberta, May 21-24, 2008.
39. **Cadmus L**, Mierzejewski E., Alvarez-Reeves M, Irwin ML. The utility of two theoretical models to predict exercise adherence among breast cancer survivors. Society of Behavioral Medicine, San Diego, CA, March 26-29, 2008.
40. **Cadmus L**, Mierzejewski E., Alvarez-Reeves M, Yu H, Chung GG, Mayne ST. Exercise and quality of life during and after treatment for breast cancer. TREC Centers Scientific Meeting, University of Minnesota, Minneapolis, MN, October 10-12, 2007.
41. **Cadmus L**, Alvarez-Reeves M, Latka R, Mierzejewski E, Irwin ML. Effect of exercise on quality of life during and after treatment for breast cancer: Results of two randomized clinical trials. American Association of Cancer Research, Nov. 12-15, 2006.

### **JOURNAL REVIEWER**

American Journal of Preventive Medicine  
Annals of Behavioral Medicine  
Arthritis Care and Research  
BMC Public Health  
Breast Cancer Research and Treatment  
Cancer  
Cancer Causes and Control  
Cancer Epidemiology, Biomarkers, and Prevention  
Health Education Research  
Health Psychology  
Journal for Nurse Practitioners  
Journal of Behavioral Medicine  
Journal of Cancer Survivorship: Research and Practice  
Journal of Medical Internet Research  
Journal of Medical Internet Research: Research Protocols  
Journal of Physical Activity & Health  
Journal for the Measurement of Physical Activity Behaviour  
Journal of Preventive Medicine  
Journal of Women's Health  
Medicine and Science in Sports and Exercise  
Pharmacoeconomics & Outcomes Research

Physiology and Behavior  
 PLOS ONE  
 Translational Journal of the American College of Sports Medicine

**EDITORIAL BOARD**

Journal of Physical Activity Measurement (Associate Editor) 2018-current  
 Journal of Physical Activity and Health (Senior Associate Editor) 2018-current

**MEMBERSHIP IN PROFESSIONAL ORGANIZATIONS**

American College of Sports Medicine  
 Society for Behavioral Medicine

**LEADERSHIP**

Vice-Treasurer, International Society for Physical Activity and Health 2018-current  
 Chair-elect, Society for Behavioral Medicine Population Health Sciences 2018-current  
     Special Interest Group  
 Faculty Lead, UW ACSM Exercise is Medicine – On Campus team 2017-current  
 Director, Physical Activity Epidemiology Laboratory, UW – Madison 2014-current  
 Co-Chair, Society for Behavioral Medicine Behavioral Informatics and  
     Technology Special Interest Group 2017-current  
 Program Leader, UCSD TREC Training and Education Core 2013  
 Chair, Lifestyle and Wellness Working Group, Athena Breast Health Network 2012-2013  
 Co-Chair, Physical Activity and Diet Assessment Working Group, 2012-2013  
     Transdisciplinary Research on Energetics and Cancer (TREC) Initiative

**TEACHING**

Department of Kinesiology, University of Wisconsin – Madison  
     Seminar in Kinesiology (KINES 900) 2018  
     Physical Activity and Health (KINES 521) 2015-2017  
     Physical Activity Epidemiology (KINES/PHS 791) 2016, 2018  
     Practicum in Kinesiology (KINES 990) (every semester) 2015-2017  
     Independent Study in Kinesiology (KINES 399) (every semester) 2015-2018  
     Seminar in Physical Activity Epidemiology (KINES/PHS 955) 2015, 2017

Guest lecturer for:

Introduction to Kinesiology (Kines 119) 2015-2018  
 Food, Fasting, and Fitness (MD program integrated block) 2018  
 Measuring Physical Activity Behavior (KINES 112) 2018  
 Writing Science as a Story (COMP BIO 675) 2018

Department of Epidemiology & Public Health, Yale School of Medicine

Teaching assistant for (course, instructor):

Social and Behavioral Determinants of Health, Dr. Jeannette Ickovics 2004-2006  
 Psychosocial Epidemiology, Dr. Stanislav Kasl 2006  
 Measurement Issues in Chronic Disease Epidemiology, Dr. Susan Mayne 2005

**MENTORING**

University of Wisconsin – Madison

Primary advisor for:	
Somya Rastogi (Ph.D. student, Kinesiology)	2018-current
Jessica Gorzelitz-Liebhauser (Ph.D. student, Kinesiology)	2016-current
Diana Dorn (M.S. student, Kinesiology)	2016-current
Keith Thraen-Borowski, Ph.D. (Postdoctoral fellow)	2015-2016
Co-advisor for:	
Rissa Lane (M.S. student, Epidemiology)	2018-current
MPH Capstone advisor for:	
Preshita Date (M.D./M.P.H. student)	2017-current
Brittany van Remortel (M.D./M.P.H student)	2016-2017
Emily Wirkus (M.P.H. student)	2015-2016
Undergraduate research mentor for:	
Madison Soukup	2018-current
Allie Palmer	2018-current
Allison Zeman	2016-current
Chloe Farber	2017-current
Stefanie Stoller	2017-current
Bianca Briones	2017-current
Reese Hyzer	2017-current
Rachel Stoller	2017-2018
Natalia Sitailo	2014-2017
Diana Dorn	2014-2016
Emily Torres	2015
Rose DiGiulio	2016
Nicole Green	2016
Taylor Amich	2015
Dissertation committee member for:	
Elizabeth Holzhausen (Ph.D. student, Epidemiology)	2018-current
Lorelie Grepo (Ph.D. student, Industrial & Systems Engineering)	2018-current
Dan Schaefer (Ph.D. student, Kinesiology)	2018-current
Unnur Guddotiniier (Ph.D. student, Epidemiology)	2018
Brianna Leitzelar (Ph.D. student, Kinesiology)	2017-current
Stephanie Trigsted (Ph.D. student, Kinesiology)	2015-2017
Eric Post (Ph.D. student, Kinesiology)	2016-2018
Kevin Crombie (Ph.D. student, Kinesiology)	2016-current
University of California, San Diego	
Doctoral committee co-chair for Julie Wang (Ph.D. student)	2013-2014
<b><u>SERVICE</u></b>	
National Institutes of Health	
Grant reviewer	2016-2018
American College of Sports Medicine	
Abstract reviewer for annual meeting	2015-current
Society for Behavioral Medicine	
Abstract reviewer for annual meeting	2016-current

University of Wisconsin – Madison	
Commission on Faculty Compensation and Economic Benefits	2018-current
UWell Committee	2017-current
Graduate Studies Committee	2015-current
Merit Committee	2015-2016

University of California, San Diego	
Bachelor’s of Public Health Degree Sub-Committee	2013

**RESEARCH SUPPORT - ACTIVE**

N/A (Cadmus-Bertram, Lisa)	2018-2019
Virginia Horne Henry Committee	
Physical Activity Needs and Preferences among Cancer Survivors with Non-Curative Disease	
Role: Principal Investigator	

N/A (Cadmus-Bertram, Lisa)	2018-2019
UW CCC Cancer Control Program	
Feasibility Trial of Home-based Strength Training in Endometrial Cancer Survivors	
Role: Principal Investigator	

N/A (Cadmus-Bertram, Lisa)	2018-2019
American Cancer Society Institutional Research Grant	
Feasibility and Acceptability of a Telehealth-based Resistance Training Intervention for Endometrial Cancer Survivors	
Role: Principal Investigator	

1K07CA178870-01A1 (Cadmus-Bertram, Lisa)	2014-2019
NCI/NIH	
Sedentary Behavior and Breast Cancer: Interventions and Biomarkers	
Role: Principal Investigator	

N/A (Malhatra, Rakesh)	2017-2018
Norman S. Coplon Extramural Grant Program	
The Utility of Pervasive Sensing Technology to Measure Physical Activity in Maintenance of Hemodialysis Patients	
Role: Co-Investigator	

2791 (Peppard, Paul)	2017-2019
Wisconsin Partnership Program	
Survey of the Health of Wisconsin (SHOW)	
Role: Co-Investigator	

(Larson, Beth)	2016-2018
Active Classroom Engagement (ACE)	
Role: Co-Investigator	

**RESEARCH SUPPORT – COMPLETED**

N/A (Taber, Jennifer) Cancer Research UK RESET Sleep: Regulating Exercise, Substance use, & Eating through Sleep Role: Co-Investigator	2017-2018
No grant number (Cadmus-Bertram, Lisa) Virginia Horne Henry Fund Assessment of Physical Activity Needs among Rural Wisconsin Women Role: Principal Investigator	2016-2017
WPP-ICTR #3086 (Cadmus-Bertram, Lisa) Univ. of Wisconsin Institute for Clinical and Translational Research (supported by UL1TR000427 from NIH/NCATS) and the Wisconsin Partnership Program Active Living after Cancer: Building a Physical Activity Intervention into Clinical Care for Breast and Colorectal Cancer Survivors in Wisconsin Role: Principal Investigator	2016-2018
No grant number (Costanzo, Erin) Univ. of Wisconsin Institute for Clinical and Translational Research A Biobehavioral Intervention to Enhance Recovery Following Hematopoietic Stem Cell Transplantation Role: Co-Investigator	2016-2017
1R03CA168450-01 (Cadmus-Bertram, Lisa) NCI/NIH Using Technology to Promote Activity in Women at Elevated Breast Cancer Risk Role: Principal Investigator	2012-2014
1U54CA155435-01 (Patterson, Ruth) NCI/NIH Energetics & Breast Cancer: Obesity, Inflammation, Insulin Resistance & Risk Role: Co-Investigator	2011-2016
UCSD Department of Family and Preventive Medicine (Hartman, Sheri) Sedentary Behavior, Cognitive Functioning, and Inflammation among Breast Cancer Survivors Role: Co-Investigator	2013-2014
Safeway Foundation Award (Parker, Barbara) Athena Breast Health Role: Co-Investigator	2009-2014